



Patons

Lady's Jackets and
Cardigans in
TOTEM 8 PLY 
HEATHERMOOR
HERDWICK 8 PLY 


for
50¢ \$8.95



Patons

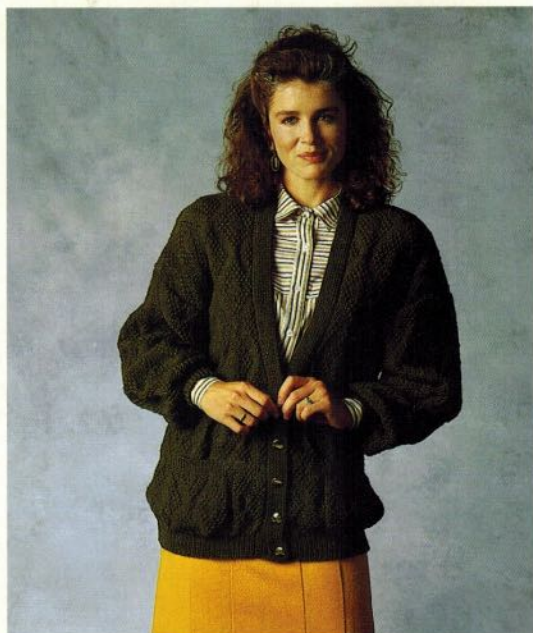
Lady's Jackets and
Cardigans

knitted in

TOTEM 8 PLY 

HEATHERMOOR

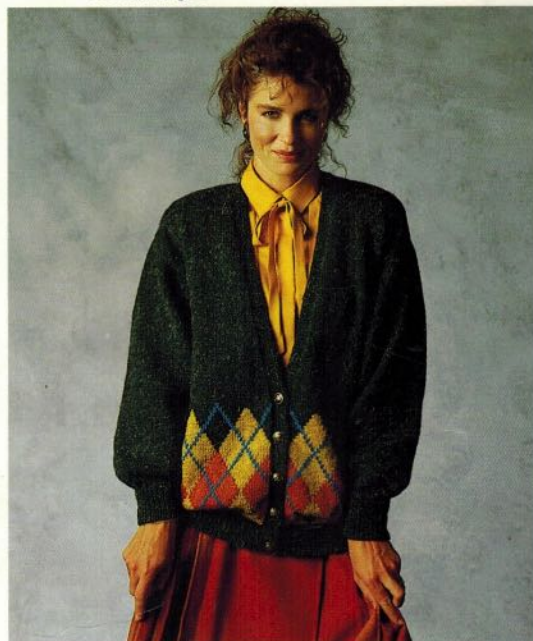
HERDWICK 8 PLY 



3 Lady's Cardigan★★★
Knitted in TOTEM 8 PLY
Pattern on page 9



1 Lady's Jacket★★★
Knitted in HEATHERMOOR & TOTEM 8 PLY
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Knitted in HERDWICK 8 PLY
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1 LADY'S JACKET ★★★

As illustrated on Front Cover

PATONS HEATHERMOOR AND TOTEM 8 PLY

MEASUREMENTS

This is a loose-fitting garment.

Size			P	S	M	L
Fits bust	cm	75	80-85	90-95	100-105	
	ins	30	32-34	36-38	40-42	
Length	cm	74	75	76	77	
Sleeve fits	cm	43	43	43	43	

(or length desired)

Garment measures	cm	100	105	115	125
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MATERIALS

PATONS HEATHERMOOR 50g balls

Main Colour (M) Shade 8172 10 10 11 11

1st Contrast (C1) Shade 8176 4 4 4 5

AND PATONS TOTEM 8 PLY 50g balls

2nd Contrast (C2) Shade 1806 3 3 3 3

Quantities are approximate as they vary between knitters.

IMPORTANT!

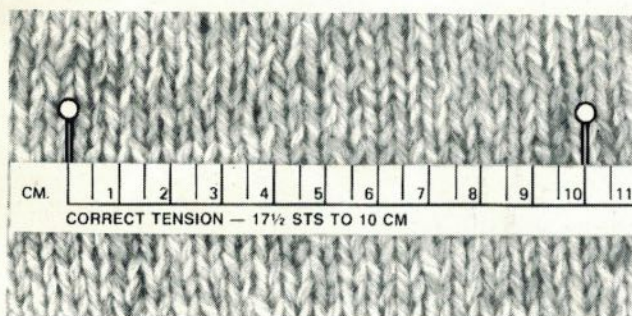
Use only the yarns specified for this garment. Other yarns may give unsatisfactory results.

NEEDLES — Milward or Patons

1 pair each 4.50mm (No 7), 5.00mm (No 6) and 3.25mm (No 10) or sizes needed to give correct tension.

ACCESSORIES — Milward Knitters Needle for sewing seams; 9 Maxart Buttons; Shoulder Pads if desired.

ABBREVIATIONS — See page 17



TENSION — 17½ sts to 10 cm in width over stocking st, using 4.50mm Needles and Heathermoor.

Why you **should** knit a tension square.

Loose Tension will cause the garment to stretch, drop and rub.

Tight Tension will make the garment too small, with a hard fabric that will matt during washing.

With **Correct Tension**, your garment will look like our photo.

Using 4.50mm Needles and Heathermoor, cast on 26 sts.

Work 36 rows stocking st.

Cast off loosely.

Lay your square on a flat surface, place a metric rule across the centre of the square and mark 10 cm with pins as shown in photo.

Count the number of sts between the pins.

You should have 17½ sts.

Less sts means loose tension — try needles a size smaller.

More sts means tight tension — try needles a size bigger.

When you have achieved the **correct tension**, use the same needles to knit your garment (you may unravel your tension square and use the yarn in your garment). Remember, if you need to change the needle size to achieve the correct tension, you must also change the size of needles used in bands, etc.

BACK

Using 3.25mm Needles and C1, cast on 81 (85-93-103) sts.

1st row — K2, * P1, K1, rep from * to last st, K1.

2nd row — K1, * P1, K1, rep from * to end.

Rep 1st and 2nd rows 12 times, in stripes of 2 rows C2, 18 rows M, 2 rows C2 then 2 rows C1, inc 8 (8-10-8) sts evenly across last row ... 89 (93-103-111) sts.

Change to 4.50mm Needles and M.

Work in stocking st until work measures 49 cm from beg, ending with a purl row.

Shape armholes — Cast off 7 (7-9-10) sts at beg of next 2 rows.

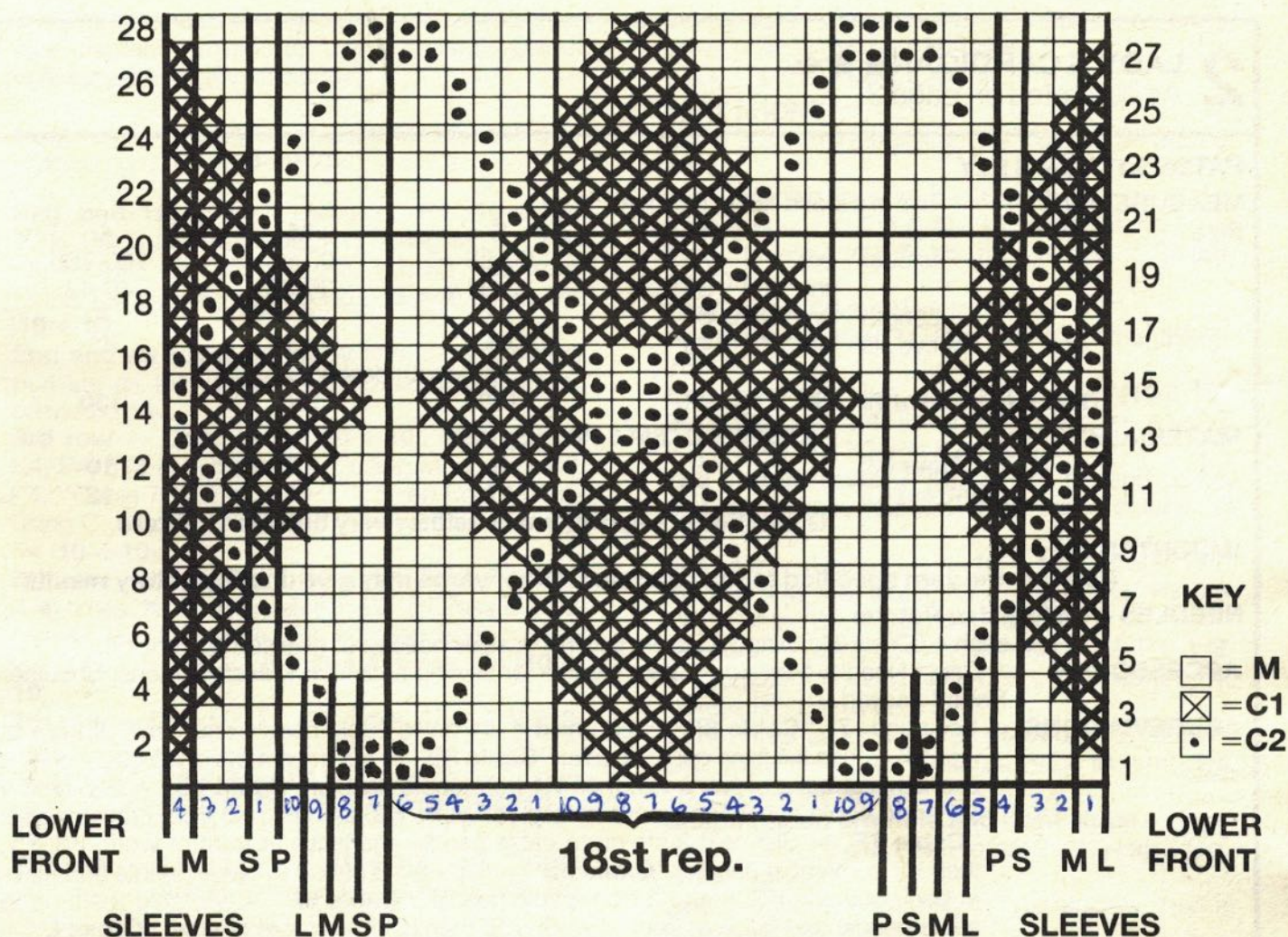
Dec at each end of next and alt rows until 61 (65-69-73) sts rem.

Work 33 (35-35-37) rows stocking st.

Shape shoulders — Cast off 6 (7-7-8) sts at beg of next 4 rows, then 7 (6-8-7) sts at beg of foll 2 rows.

Work 12 rows stocking st on rem 23 (25-25-27) sts.

Cast off.



LOWER LEFT FRONT

Using 3.25mm Needles and C1, cast on 39 (41-45-51) sts.

Work 26 rows rib in stripes as for Back, inc 5 (5-5-1) st/s evenly across last row ... 44 (46-50-52) sts. Change to 5.00mm Needles. **

NOTE — Do not weave colours in Fair Isle patt, but carry colour not in use loosely across on wrong side. It is important, however, that no colour should be carried across more than 7 sts, and where this is necessary it should be woven under and over colour in use at centre st. Always carry colours to ends of rows and always carry M above C1 and C2, and C1 above C2.

Work 19 rows patt from Graph.

Keeping patt correct, cast off 7 (7-8-8) sts at beg of next and alt rows 4 times in all, then 7 (8-8-9) sts at beg of foll alt rows twice ... 2 sts.

Next row — Work 2 tog. Fasten off.

LOWER RIGHT FRONT

Work as for Lower Left Front to **.

Work 20 rows patt from Graph.

Keeping patt correct, cast off 7 (7-8-8) sts at beg of next and alt rows 4 times in all, then 7 (8-8-9) sts at beg of foll alt rows twice ... 2 sts.

Next row — Work 2 tog. Fasten off.

UPPER LEFT FRONT

Using 4.50mm Needles and M, cast on 43 (45-50-54) sts.

Work in stocking st until there are 28 rows less than Back (stocking st area) to armholes, ending with a purl row. ***

Shape front slope — Dec at end of next and foll 8th (6th-6th-6th) rows until 39 (40-45-49) sts rem. Work 3 rows stocking st.

Shape armhole — Cast off 7 (7-9-10) sts at beg of next row.

Dec at armhole edge in alt rows 7 (7-8-9) times, AT SAME TIME dec at front edge in foll 8th rows from previous dec 6 (6-6-7) times ... 19 (20-22-23) sts.

Work 3 (5-7-3) rows stocking st.

Shape shoulder — Cast off 6 (7-7-8) sts at beg of next row and foll alt row.

Work 1 row. Cast off.

UPPER RIGHT FRONT

Work as for Upper Left Front to ***.

Shape front slope — Dec at beg of next and foll 8th (6th-6th-6th) rows until 39 (40-45-49) sts rem. Work 4 rows stocking st.

Shape armhole — Cast off 7 (7-9-10) sts at beg of next row.

Dec at armhole edge in next and alt rows 7 (7-8-9) times in all, AT SAME TIME dec at front edge in foll 8th rows from previous dec 6 (6-6-7) times ... 19 (20-22-23) sts.

Work 4 (6-8-4) rows stocking st.

Shape shoulder — Cast off 6 (7-7-8) sts at beg of next row and foll alt row.

Work 1 row. Cast off.

Continued on page 16

2 LADY'S CARDIGAN ★★★

As illustrated on page 3

PATONS TOTEM 8 PLY

MEASUREMENTS

This is a loose-fitting garment.

Size		P	S	M	L
Fits bust	cm	75	80-85	90-95	100-105
	ins	30	32-34	36-38	40-42
Length	cm	67	68	69	70
Sleeve fits	cm	43	43	43	43
			(or length desired)		
Garment measures	cm	100	110	120	130

MATERIALS

PATONS TOTEM 8 PLY 50g balls

Main Colour (M)	9	9	10	10
Contrast (C)	10	11	11	12

Quantities are approximate as they vary between knitters.

IMPORTANT!

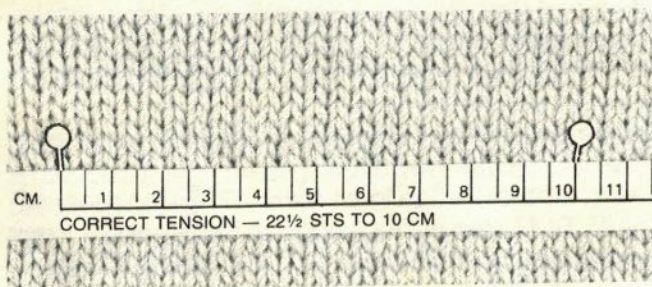
Use only the yarn specified for this garment. Other yarns may give unsatisfactory results.

NEEDLES — Milward or Patons

1 pair each 4.00mm (No 8) and 3.25mm (No 10) or sizes needed to give correct tension.

ACCESSORIES — A Cable Needle; Milward Knitters Needle for sewing seams; 6 Maxart Buttons; Shoulder Pads if desired.

ABBREVIATIONS — See page 17. "**Cable 8F**" = Slip next 4 sts on to cable needle and leave at front of work, K4, then K4 from cable needle; "**Cable 8B**" = Slip next 4 sts on to cable needle and leave at back of work, K4, then K4 from cable needle; "**Cable 7B**" = Slip next 4 sts on to cable needle and leave at back of work, K3, then P1, K3 from cable needle; "**Cable 7F**" = Slip next 3 sts on to cable needle and leave at front of work, K3, P1, then K3 from cable needle; "**Cable 6B**" = Slip next 3 sts on to cable needle and leave at back of work, K3, then K3 from cable needle; "**Cable 6F**" = Slip next 3 sts on to cable needle and leave at front of work, K3, then K3 from cable needle; "**Cross L**" = Slip next 3 sts on to cable needle and leave at front of work, P1, then K3 from cable needle; "**Cross R**" = Slip next st on to cable needle and leave at back of work, K3, then P1 from cable needle.



TENSION — 22½ sts to 10 cm in width over stocking st.

Why you **should** knit a tension square.

Loose Tension will cause the garment to stretch, drop and rub.

Tight Tension will make the garment too small, with a hard fabric that will matt during washing. With **Correct Tension**, your garment will look like our photo.

Using 4.00mm Needles, cast on 34 sts. Work 44 rows stocking st.

Cast off loosely.

Lay your square on a flat surface, place a metric rule across the centre of the square and mark 10 cm with pins as shown in photo.

Count the number of sts between the pins.

You should have 22½ sts.

Less sts means loose tension — try needles a size smaller.

More sts means tight tension — try needles a size bigger.

When you have achieved the **correct tension**, use the same needles to knit your garment (you may unravel your tension square and use the yarn in your garment). Remember, if you need to change the needle size to achieve the correct tension, you must also change the size of needles used in bands, etc.

BACK

Using 3.25mm Needles and M, cast on 110 (122-134-146) sts.

1st row — K2, * P2, K2, rep from * to end.

2nd row — P2, * K2, P2, rep from * to end.

Rep 1st and 2nd rows 17 times.

37th row — Rib 2 (8-6-12), * inc in next st, rib 1, rep from * to last 0 (6-4-10) sts, rib 0 (6-4-10) ... 164 (176-196-208) sts.

(**NOTE** — If this number of sts will not fit comfortably on needle, we suggest using a circular needle.)

Change to 4.00mm Needles.

NOTE — When changing colours in the middle of a row, twist the colour to be used (on wrong side)

underneath and to the right of the colour just used (see diagram on page 8). Use a separate ball of yarn for each section of colour.

Next row — Using C, P53 (59-69-75), using M, P58, using C, P53 (59-69-75).

Beg patt-1st row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, *using M, K1, P3, K3, P4, K3, P1, K3, P4, K3, P3, K1, rep from * once, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

2nd and alt rows — Knit all knit sts and purl all purl sts as they appear, using same colours as previous row.

3rd row — Using C, P4 (10-4-10), ("Cable 8F", K4, P4) 3 (3-4-4) times, K1, * using M, K1, P3, K3, P4, "Cable 7B", P4, K3, P3, K1, rep from * once, using C, K1, (P4, "Cable 8F", K4) 3 (3-4-4) times, P4 (10-4-10).

5th row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, * using M, K1, P3, ("Cross L", P2, "Cross R", P1) twice, P2, K1, rep from * once, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

7th row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, * using M, K1, P4, ("Cross L", "Cross R", P3) twice, P1, K1, rep from * once, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

9th row — Using C, P4 (10-4-10), (K4, "Cable 8B", P4) 3 (3-4-4) times, K1, * using M, K1, P5, "Cable 6B", P5, "Cable 6F", P5, K1, rep from * once, using C, K1, (P4, K4, "Cable 8B") 3 (3-4-4) times, P4 (10-4-10).

11th row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, * using M, K1, P4, ("Cross R", "Cross L", P3) twice, P1, K1, rep from * once, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

13th row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, * using M, K1, P3, ("Cross R", P2, "Cross L", P1) twice, P2, K1, rep from * once, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

15th row — Using C, P4 (10-4-10), ("Cable 8F", K4, P4) 3 (3-4-4) times, K1, * using M, K1, P3, K3, P4, "Cable 7F", P4, K3, P3, K1, rep from * once, using C, K1, (P4, "Cable 8F", K4) 3 (3-4-4) times, P4 (10-4-10).

17th row — As 5th row.

19th row — As 7th row.

21st row — As 9th row.

23rd row — As 11th row.

25th row — As 13th row.

26th row — As 2nd row.

Rows 3 to 26 incl form patt.

Cont in patt until work measures 41 cm from beg, working last row on wrong side.

Shape raglan armholes — Keeping patt correct, cast off 4 sts at beg of next 2 rows.

Dec at each end of next 3 rows.

Work 1 row patt.

Rep last 4 rows 13 (16-18-16) times ... 72 (66-74-98) sts.

Dec at each end of next and alt (alt-every-every) row/s until 52 (54-58-62) sts rem.

Work 1 (1-0-0) row/s. Cast off.

LEFT FRONT

Using 3.25mm Needles and M, cast on 58 (62-70-74) sts.

Work 36 rows rib as for Back.

37th row — Rib 4 (4-6-6), * inc in next st, rib 1, rep from * to last 4 (4-6-6) sts, rib 4 (4-6-6) ... 83 (89-99-105) sts.

Change to 4.00mm Needles. **

Next row — Using M, P30, using C, P53 (59-69-75).

Beg patt-1st row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, using M, K1, P3, K3, P4, K3, P1, K3, P4, K3, P3, K2.

2nd and alt rows — Knit all knit sts and purl all purl sts as they appear, using same colours as previous row.

3rd row — Using C, P4 (10-4-10), ("Cable 8F", K4, P4) 3 (3-4-4) times, K1, using M, K1, P3, K3, P4, "Cable 7B", P4, K3, P3, K2.

5th row — Using C, P4 (10-4-10), (K12, P4) 3 (3-4-4) times, K1, using M, K1, P3, ("Cross L", P2, "Cross R", P1) twice, P2, K2.

Cont in patt as for Back, as placed in last 5 rows, until work measures same as Back to armholes, ending with same row.

Shape raglan armhole and front slope — **Next row** — Cast off 4 sts, patt to last 2 sts, work 2 tog.

Work 1 row patt.

Dec at armhole edge only in next 2 rows, then at each end of foll row.

Work 1 row patt.

Rep last 4 rows 12 (13-13-12) times ... 26 (28-38-48) sts.

Dec at armhole edge in next 3 rows, AT SAME TIME dec at front edge in 1st and 3rd rows.

Work 1 row patt.

Rep last 4 rows 0 (2-4-3) times ... 21 (13-13-28) sts.

Sizes P and S only — Dec at each end of next and alt rows until 3 sts rem, then at armhole edge only in foll alt row ... 2 sts.

Work 1 row.

Sizes M and L only — Dec at armhole edge in every row (8-18) times, AT SAME TIME dec at front edge in next and alt rows (3-8) times in all ... 2 sts.

All Sizes — **Next row** — Work 2 tog. Fasten off.

RIGHT FRONT

Work as for Left Front to **.

Next row — Using C, P53 (59-69-75), using M, P30.

Beg patt-1st row — Using M, K2, P3, K3, P4, K3, P1, K3, P4, K3, P3, K1, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

2nd and alt rows — Knit all knit sts and purl all purl sts as they appear, using same colours as previous row.

3rd row — Using M, K2, P3, K3, P4, "Cable 7B", P4, K3, P3, K1, using C, K1, (P4, "Cable 8F", K4) 3 (3-4-4) times, P4 (10-4-10).

5th row — Using M, K2, P3, ("Cross L", P2, "Cross R", P1) twice, P2, K1, using C, K1, (P4, K12) 3 (3-4-4) times, P4 (10-4-10).

Continued on next page

Cont in patt as for Back, as **placed** in last 5 rows, until work measures same as Back to armholes, ending with same row.

Shape front slope and raglan armhole — Next row — Work 2 tog, patt to end.

Next row — Cast off 4 sts, patt to end.

Dec at armhole edge only in next 2 rows, then at each end of foll row.

Work 1 row patt.

Rep last 4 rows 12 (**13-13-12**) times ... 26 (**28-38-48**) sts.

Dec at armhole edge in next 3 rows, AT SAME TIME dec at front edge in 1st and 3rd rows.

Work 1 row patt.

Rep last 4 rows 0 (**2-4-3**) times ... 21 (**13-13-28**) sts.

Sizes P and S only — Dec at each end of next and alt rows until 3 sts rem, then at armhole edge only in foll alt row ... 2 sts.

Work 1 row.

Sizes M and L only — Dec at armhole edge in every row (**8-18**) times, AT SAME TIME dec at front edge in next and alt rows (**3-8**) times in all ... 2 sts.

All Sizes — Next row — Work 2 tog. Fasten off.

SLEEVES

Using 3.25mm Needles and M, cast on 50 sts.

Work 22 rows rib as for Back.

23rd row — Rib 2, inc in each st to last st, rib 1 ... 97 sts.

Change to 4.00mm Needles.

Next row — Using C, P34, using M, P29, using C, P34.

Beg patt-1st row — Using C, P1, (K12, P4) twice, K1, using M, K1, P3, K3, P4, K3, P1, K3, P4, K3, P3, K1, using C, K1, (P4, K12) twice, P1.

2nd and alt rows — Knit all knit sts and purl all purl sts as they appear, using same colours as previous row.

3rd row — Using C, P1, ("Cable 8F", K4, P4) twice, K1, using M, K1, P3, K3, P4, "Cable 7B",

P4, K3, P3, K1, using C, K1, (P4, "Cable 8F", K4) twice, P1.

5th row — Using C, inc in first st, (K12, P4) twice, K1, using M, K1, P3, ("Cross L", P2, "Cross R", P1) twice, P2, K1, using C, K1, (P4, K12) 3 times, inc in last st.

Keeping patt correct as for Back, as **placed** in last 5 rows, and working extra sts into patt as they become available, inc at each end of foll 4th (**alt-alt-alt**) rows until there are 125 (**109-129-149**) sts, then in foll 6th (**4th-4th-4th**) rows until there are 135 (**145-155-165**) sts.

Cont without shaping until work measures 40 cm (or 3 cm less than desired length to allow for loose fit) from beg, working last row on wrong side.

Shape raglan — Keeping patt correct, cast off 4 sts at beg of next 2 rows.

Dec at each end of every row until 49 (**47-41-35**) sts rem, then in alt rows until 29 sts rem.

Work 1 row. Cast off.

RIGHT FRONT BAND

Using 3.25mm Needles and M, cast on 218 sts.

Work 4 rows rib as for Back.

5th row — Rib 4, (cast off 2 sts, rib 18) 6 times, rib to end.

6th row — Rib to last 94 sts, (cast on 2 sts, rib 18) 5 times, cast on 2 sts, rib 4.


Work a further 4 rows rib.

Cast off loosely in rib.

LEFT FRONT BAND

Work as for Right Front Band, omitting buttonholes.

MAKE UP

We do not recommend pressing this garment, owing to the textured patt. Using back-stitch, join raglan, side and sleeve seams. Sew cast-on edge of front bands in position, joining at centre back neck. Sew on buttons. Sew shoulder pads in position, if desired. 

PICTURE KNITTING USING THE WINDING YARN METHOD

This is a method of knitting-in motifs which avoids the extra bulk of Fair Isle. When changing colours in the middle of a row, twist the colour to be used (on wrong side) underneath and to the right of the colour just used (see diagram). As you begin each colour, give a gentle tug to even up loose stitches.

It is necessary to use a separate quantity of yarn for each section of colour. To minimise tangles, wind small amounts of yarn on to Susan Bates Yarn Bobs. Unwind only enough yarn to knit required stitches, keeping bob close to work.

You may find it helpful to colour in each section of your graph before beginning.



3 LADY'S CARDIGAN★★★

As illustrated on page 18

PATONS TOTEM 8 PLY

MEASUREMENTS

This is a loose-fitting garment.

Size		P	S	M	L
Fits bust	cm	75	80-85	90-95	100-105
	ins	30	32-34	36-38	40-42
Length	cm	69	70	71	72
Sleeve seam	cm	43	43	43	43
			(or length desired)		
Garment measures	cm	97	107	117	127

MATERIALS

PATONS TOTEM 8 PLY 50g balls

Quantity	17	18	19	20
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Quantities are approximate as they vary between knitters.

IMPORTANT!

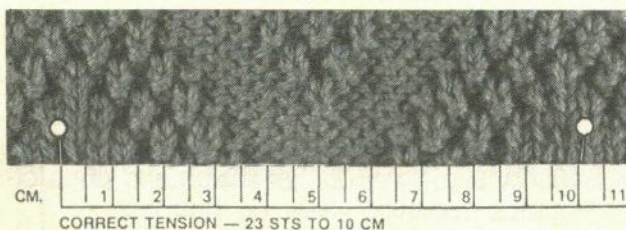
Use only the yarn specified for this garment. Other yarns may give unsatisfactory results.

NEEDLES — Milward or Patons

1 pair each 4.50mm (No 7) and 3.25mm (No 10) or sizes needed to give correct tension.

ACCESSORIES — 2 Stitch Holders; Milward Knitters Needle for sewing seams; 5 Maxart Buttons; Shoulder pads if desired.

ABBREVIATIONS — See page 17.



TENSION — 23 sts to 10 cm in width over patt.

Why you **should** knit a tension square.

Loose Tension will cause the garment to stretch, drop and rub.

Tight Tension will make the garment too small, with a hard fabric that will matt during washing.

With **Correct Tension**, your garment will look like our photo.

Using 4.50mm Needles, cast on 41 sts.

Work 44 rows patt from Graph (on page 11), using entire width of graph.

Cast off loosely.

Lay your square on a flat surface, place a metric rule across the centre of the square and mark 10 cm with pins as shown in photo.

Count the number of sts between the pins.

You should have 23 sts.

Less sts means loose tension — try needles a size smaller.

More sts means tight tension — try needles a size bigger.

When you have achieved the **correct tension**, use the same needles to knit your garment (you may unravel your tension square and use the yarn in your garment). Remember, if you need to change the needle size to achieve the correct tension, you must also change the size of needles used in bands, etc.

BACK

Using 3.25mm Needles, cast on 95 (~~105-115-125~~) sts.

1st row — K2, * P1, K1, rep from * to last st, K1.

2nd row — K1, * P1, K1, rep from * to end.

Rep 1st and 2nd rows 7 times, then 1st row once.

18th row — Rib 5, * inc in next st, rib 4, rep from * to end ... 113 (~~125-137-149~~) sts.

Change to 4.50mm Needles.

Work in patt from graph (on page 11) until work measures 67 (~~68-69-70~~) cm from beg, working last row on wrong side.

Shape shoulders — Keeping patt correct, cast off 7 (~~8-9-10~~) sts at beg of next 10 rows, then 9 sts at beg of foll 2 rows.

Cast off rem 25 (~~27-29-31~~) sts.

POCKET LININGS (make 2)

Using 4.50mm Needles, cast on 29 sts.

Work 34 rows stocking st, inc 2 sts evenly across last row ... 31 sts.

Leave sts on a stitch-holder.

LEFT FRONT

Using 3.25mm Needles, cast on 47 (~~53-57-63~~) sts.

Work 18 rows rib as for Back, inc 10 (~~10-12-12~~) sts evenly across last row ... 57 (~~63-69-75~~) sts.

Change to 4.50mm Needles.

Work 36 rows patt from graph.

Place pocket — **37th row** — Patt 13 (~~16-19-22~~), with right side facing patt across a set of pocket lining sts, slip next 31 sts on to a stitch-holder and leave, patt 13 (~~16-19-22~~).

Work a further 37 rows patt. **

Shape front slope — Keeping patt correct, dec at end of next and alt rows until 47 (~~53-59-65~~) sts rem, then in foll 4th rows until 44 (~~49-54-59~~) sts rem.

Continued on next page

Cont without shaping until work measures same as Back to shoulders, ending with same patt row.

Shape shoulder — Keeping patt correct, cast off 7 (8-9-10) sts at beg of next and alt rows 5 times in all.

Work 1 row. Cast off.

RIGHT FRONT

Work as for Left Front to **.

Shape front slope — Keeping patt correct, dec at beg of next and alt rows until 47 (53-59-65) sts rem, then in foll 4th rows until 44 (49-54-59) sts rem.

Cont without shaping until work measures same as Back to shoulders, ending with same patt row.

Work 1 row.

Shape shoulder — Keeping patt correct, cast off 7 (8-9-10) sts at beg of next and alt rows 5 times in all.

Work 1 row. Cast off.

SLEEVES

Using 3.25mm Needles, cast on 47 (47-49-49) sts.

Work 17 rows rib as for Back.

18th row — Rib 9 (8-9-8), inc in each st to last 10 (9-10-9) sts, rib 10 (9-10-9) ... 75 (77-79-81) sts.

Change to 4.50mm Needles.

Work 4 rows patt from graph.

Keeping patt correct and working extra sts into patt, inc at each end of next and foll 4th rows until there are 97 (105-113-127) sts, **Sizes P, S and M only** — then in foll 6th rows until there are 113 (117-121) sts.

All Sizes — Cont without shaping until work measures 43 cm (or length desired) from beg, working last row on wrong side.

Keeping patt correct, cast off 7 sts at beg of next 14 rows.

Cast off rem sts.

FRONT BAND

Using back-stitch, join shoulder seams. Using 3.25mm Needles, cast on 15 sts.

Work 4 rows rib as for Back.

5th row — Rib 6, cast off 3 sts, rib 6.

6th row — Rib 6, cast on 3 sts, rib 6 (buttonhole).

Work 20 rows rib.

Rep last 22 rows 3 times, then 5th and 6th rows once ... 5 buttonholes.

Cont without further buttonholes until band is length required to fit (slightly stretched) along fronts and across back neck.

Cast off in rib.

POCKET TOPS


Slip sts from stitch-holder on to a 3.25mm Needle so that right side will be facing.

Work 8 rows rib as for Back, inc 4 sts evenly across first row ... 35 sts.

Cast off loosely in rib.

MAKE UP

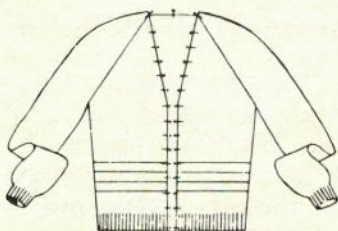
With a slightly damp cloth and warm iron, press lightly, taking care not to flatten patt. Tie a coloured thread on side edges of back and fronts 41 cm up from lower edge to mark position of armholes. Using back-stitch, join sleeve and side seams to coloured threads. Sew in sleeves. Sew front band in position. Slip-stitch pocket linings and ends of pocket tops in position. Sew on buttons.

Press seams. Insert shoulder pads if desired. 

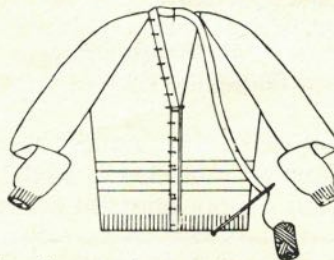
Sewing of Front Bands to Cardigans

MEDIUM BUTTONING

To obtain correct length of band required, sew raglan or shoulder seams as stated in instructions. Place a pin at centre back neck of garment. Lay cardigan flat on table and pin fronts to back at raglan or shoulder seams. Pin fronts to back of cardigan along front edges, taking care that lower bands and front shapings match exactly. All rows of knitting should be horizontal across garment, thus any stripes or patterns will match exactly.



Knit about $\frac{3}{4}$ of length of band required. Place band to cardigan (garment laid flat) matching row for row on lower bands and noting that first row of knitting is right side of band unless otherwise stated. Pin buttonhole section to right front (left for man) noting that top buttonhole should come level with or a little below first shaping. Pin band up to raglan or shoulder seam.

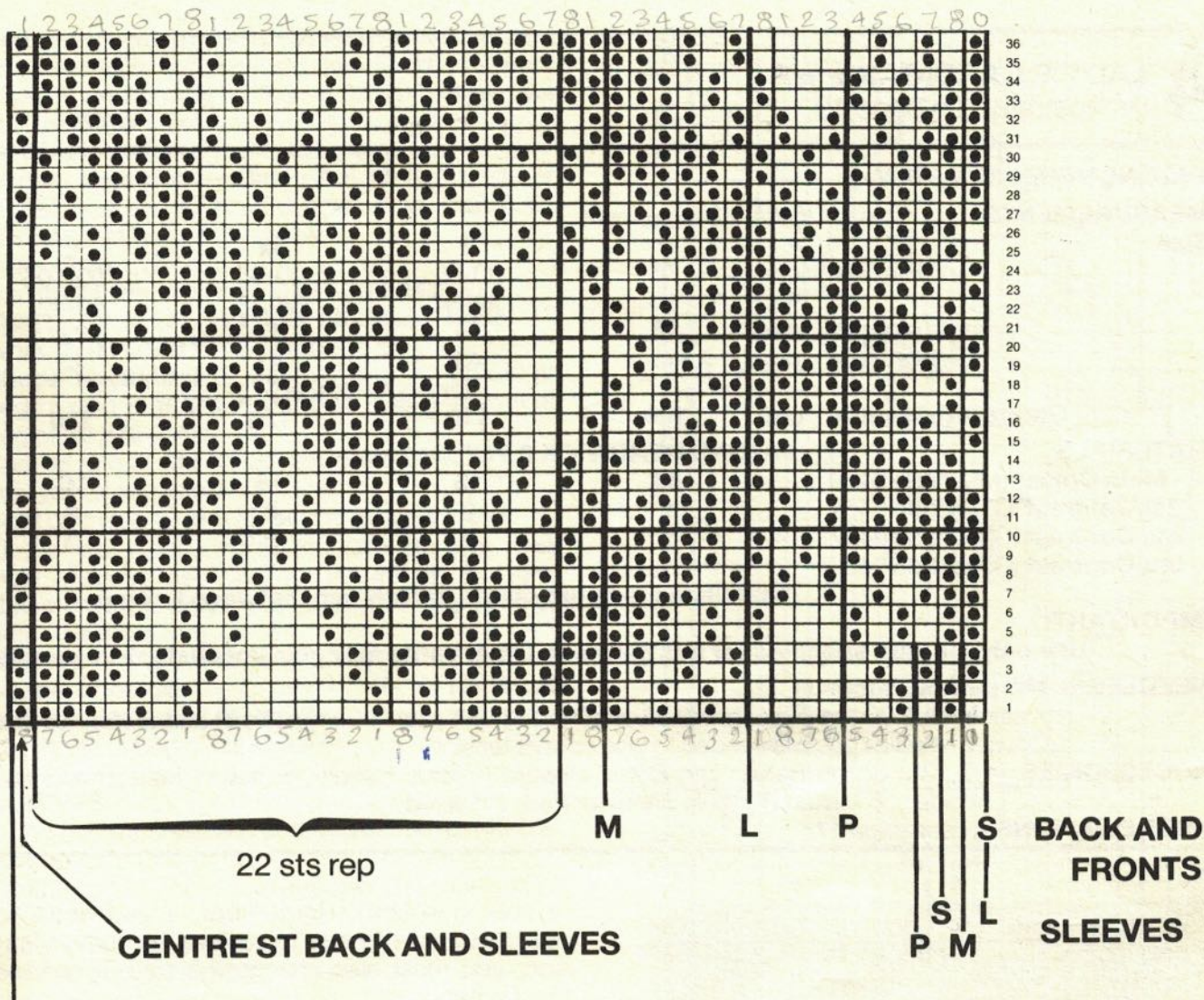


Take pins from raglan or shoulder seam and pin band around to centre back. Band across back neck should be firm enough to prevent back of garment stretching when worn. Mark centre back of band and point of band opposite first shaping. Unpin band from garment and knit band length required, measuring second half by folding at centre back pin. Mark point to match to first shaping on other front.

Pin front band to lower bands, matching row for row. Pin bands to fronts up to first shaping. Pin at back neck, then remainder to front slopes. Lift garment from table and remove pins attaching fronts to back.

Re-pin band so that right side of band is facing right side of garment, taking out and replacing each pin separately.

Back-stitch band to cardigan. Care should be taken that lower edge of garment forms a straight edge and there is not an indentation at band seam. One stitch should be taken from band and cardigan to form seam.



- K1 on right-side rows, P1 on wrong-side rows.
 ● P1 on right-side rows, K1 on wrong-side rows.

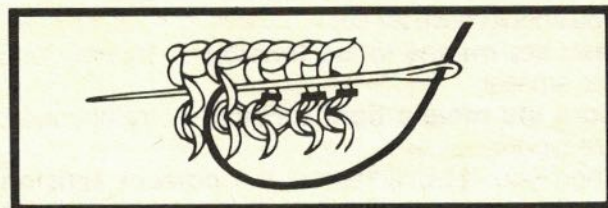
For Back and Sleeves — Read all rows from outside edge to centre st, then back to outside edge again, working centre st only once.

For Left Front — Read right-side rows from right to left and wrong-side rows from left to right.

For Right Front — Read right-side rows from left to right and wrong-side rows from right to left.

BACK-STITCH SEAM

This is the method most commonly used for joining knitted garments. The seam should be sewn one full stitch in from the end of each row so that all seams will be even. One stitch should be worked over every row. Darn in all ends of yarn **after** sewing seams.



4 LADY'S CARDIGAN★★★P

As illustrated on page 19.

PATONS HERDWICK 8 PLY

MEASUREMENTS

This is a loose-fitting garment.

Size			P	S	M	L
	Fits bust	cm	75	80-85	90-95	100-105
		ins	30	32-34	36-38	40-42
	Length (approx)	cm	75	76	77	78
	Sleeve seam	cm	43	43	43	43
				(or length desired)		
	Garment measures	cm	100	110	120	130

MATERIALS

PATONS HERDWICK 8 PLY 50g balls

Main Colour (M) Shade 9456	14	15	16	16
1st Contrast (C1) Shade 9454	2	2	3	3
2nd Contrast (C2) Shade 9457	2	2	2	2
3rd Contrast (C3) Shade 9453	1	1	1	1

Quantities are approximate as they vary between knitters.

IMPORTANT!

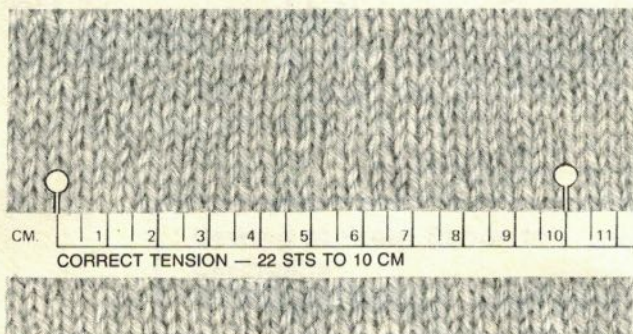
Use only the yarn specified for this garment. Other yarns may give unsatisfactory results.

NEEDLES — Milward or Patons

1 pair each 4.00mm (No 8) and 3.25mm (No 10); one each 4.00mm (No 8) and 3.25mm (No 10) Circular Needles or sizes needed to give correct tension.

ACCESSORIES — 2 pkts Susan Bates Yarn Bobs; Milward Knitters Needle for sewing seams and embroidery; 5 Maxart Buttons; Shoulder Pads if desired.

ABBREVIATIONS — See page 17.



TENSION — 22 sts (and 28½ rows) to 10 cm over stocking st.

Why you **should** knit a tension square.

Loose Tension will cause the garment to stretch, drop and rub.

Tight Tension will make the garment too small, with a hard fabric that will matt during washing.

With **Correct Tension**, your garment will look like our photo.

Using 4.00mm Needles, cast on 33 sts.

Work 42 rows stocking st.

Cast off loosely.

Lay your square on a flat surface, place a metric rule across the centre of the square and mark 10 cm with pins as shown in photo.

Count the number of sts between the pins.

You should have 22 sts.

Less sts means loose tension — try needles a size smaller.

More sts means tight tension — try needles a size bigger.

When you have achieved the **correct tension**, use the same needles to knit your garment (you may unravel your tension square and use the yarn

in your garment). Remember, if you need to change the needle size to achieve the correct tension, you must also change the size of needles used in bands, etc.

CARDIGAN (worked in one piece to armholes)

Using 3.25mm Circular Needle and M, cast on 201 (223-245-267) sts.

(NOTE — A circular needle is recommended to accommodate the large number of sts. Do not join, work in rows.)

1st row — K2, * P1, K1, rep from * to last st, K1.

2nd row — K1, * P1, K1, rep from * to end.

Rep 1st and 2nd rows 8 times, then 1st row once.

20th row — Rib 14 (2-4-6), * inc in next st, rib 8 (10-11-12), rep from * to last 7 (1-1-1) st/s, rib 7 (1-1-1) ... 221 (243-265-287) sts.

Change to 4.00mm Circular Needle.

NOTE — When changing colours in the middle of a row, twist the colour to be used (on wrong side) underneath and to the right of the colour just used (see diagram on page 8). Use a separate ball of yarn for each section of colour. Wind small amounts of colours on to yarn bobs.

Work rows 1 to 66 incl from Graph.

Working rem in M, work 4 rows stocking st.

Shape front slopes — Dec at each end of next and foll 8th (6th-6th-6th) rows until 209 (233-257-271) sts rem, **Sizes S and M only** — then in foll 8th rows until (229-251) sts rem.

All Sizes — Work 5 (5-3-3) rows stocking st.

Divide for fronts and back — **Next row** — K49 (54-59-64), turn.

Cont on these 49 (54-59-64) sts for **Right Front**.

Dec at front edge in foll 8th (8th-8th-6th) rows from previous dec until 43 (44-49-61) sts rem, **Sizes P and L only** — then in foll 10th (8th) rows until 40 (53) sts rem.

All Sizes — Work 4 rows stocking st.

Shape shoulder — Cast off 8 (9-10-11) sts at beg of next and alt rows 3 times in all, then 8 (9-10-10) sts at beg of foll alt row.

Work 1 row. Cast off.

Join yarn to rem sts, K111 (121-133-143), turn.

Cont on these 111 (121-133-143) sts for **Back**.

Work 75 (77-79-81) rows stocking st.

Shape shoulders — Cast off 8 (9-10-11) sts at beg of next 8 (8-8-6) rows, then 8 (8-9-10) sts at beg of foll 2 (2-2-4) rows.

Cast off rem 31 (33-35-37) sts loosely.

Join yarn to rem sts, knit to end.

Cont on these 49 (54-59-64) sts for **Left Front**.

Dec at front edge in foll 8th (8th-8th-6th) rows from previous dec until 43 (44-49-61) sts rem, **Sizes P and L only** — then in foll 10th (8th) rows until 40 (53) sts rem.

All Sizes — Work 3 rows stocking st.

Shape shoulder — Cast off 8 (9-10-11) sts at beg of next and alt rows 3 times in all, then 8 (9-10-10) sts at beg of foll alt row.

Work 1 row. Cast off.

SLEEVES

Using 3.25mm Needles and M, cast on 49 (49-51-53) sts.

Work 26 rows rib as for Cardigan (1st row is right side of cuff).

27th row — Rib 5 (1-3-1), * inc in next st, rib 1, rep from * to end ... 71 (73-75-79) sts.

Change to 4.00mm Needles.

Work 4 rows stocking st.

5th row — K2, "M1", knit to last 2 sts, "M1", K2.

Cont in stocking st, inc (as before) at each end of foll 4th rows until there are 107 (115-123-127) sts,

Sizes P and S only — then in foll 6th rows until there are 115 (119) sts.

All Sizes — Cont without further shaping until work measures 43 cm (or length desired) from centre row of rib cuff, ending with a purl row.

Cast off 7 (7-8-8) sts at beg of next 14 rows.

Cast off rem sts loosely.

FRONT BAND

Using back-stitch, join shoulder seams. Using 3.25mm Needles and M, cast on 11 sts.

Work 4 rows rib as for Cardigan.

5th row — Rib 5, cast off 2 sts, rib 4.

6th row — Rib 4, cast on 2 sts, rib 5.


Work 18 rows rib.

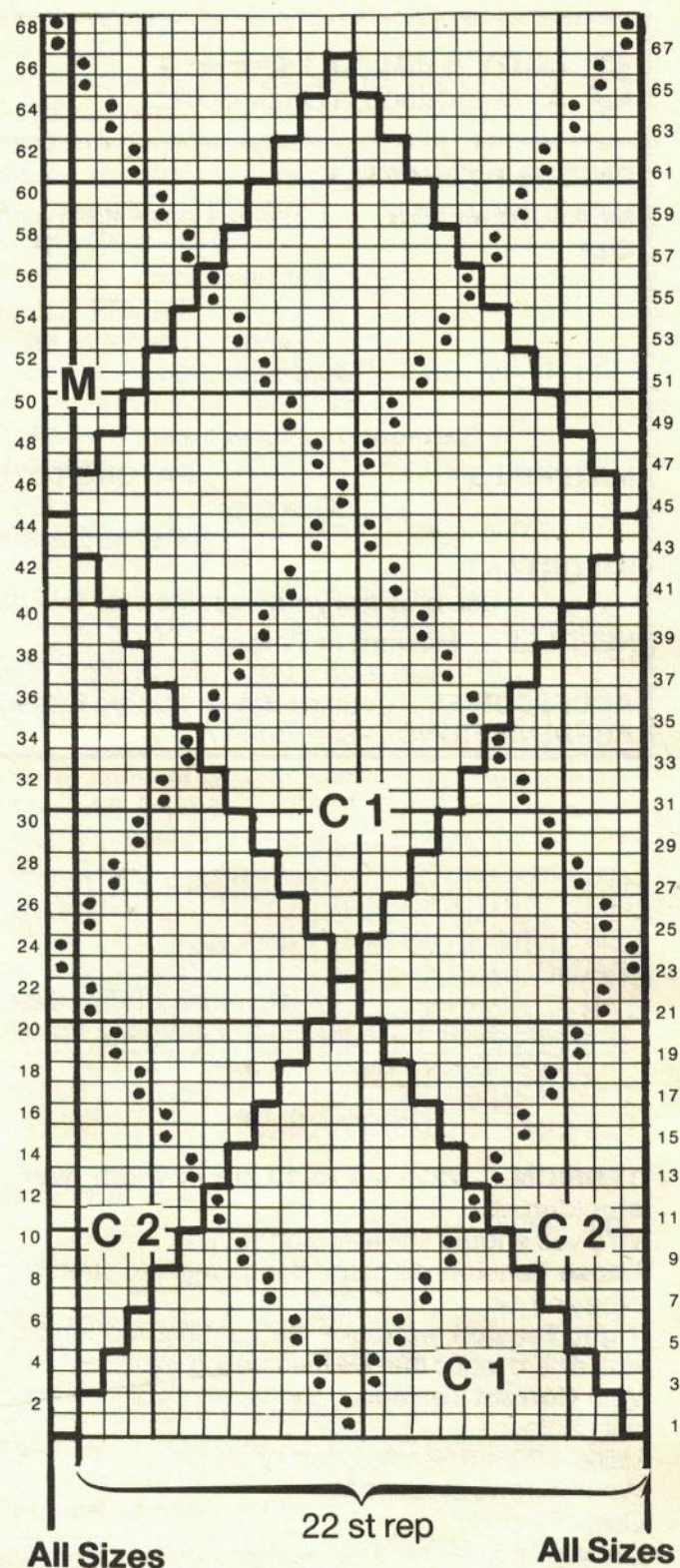
Rep last 20 rows 3 times, then 5th and 6th rows once ... 5 buttonholes.

Cont without further buttonholes until band is length required to fit (slightly stretched) along fronts and across back neck.

Cast off in rib.

MAKE UP

Using knitting st and C3, embroider Cardigan from graph as illustrated. With a slightly damp cloth and warm iron, press lightly. Using back-stitch, join sleeve seams, reversing seam for 3/4 of rib for cuff. Sew in sleeves. Sew front band in position. Sew on buttons. Fold cuffs in half onto right side. Press seams. Insert shoulder pads if desired. 



Heavy lines represent changes in colour.

Key for knitting st embroidery

□ = C3

5 LADY'S JACKET★★★

As illustrated on Back Cover

PATONS TOTEM 8 PLY

MEASUREMENTS

This is a loose-fitting garment.

Size			P	S	M	L
Fits bust	cm		75	80-85	90-95	100-105
	ins		30	32-34	36-38	40-42
Length	cm		66	67	68	69
Sleeve seam	cm		43	43	43	43
				(or length desired)		
Garment measures	cm		97	107	117	122

MATERIALS

PATONS TOTEM 8 PLY 50g balls

Quantity	15	15	16	17
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Quantities are approximate as they vary between knitters.

IMPORTANT!

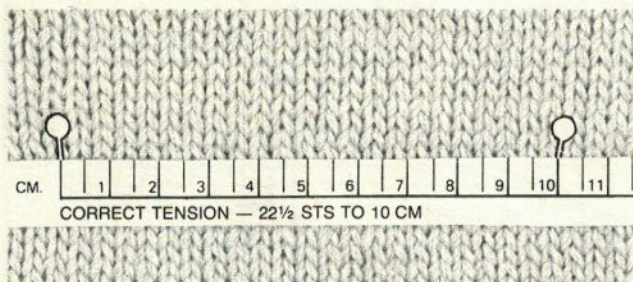
Use only the yarn specified for this garment. Other yarns may give unsatisfactory results.

NEEDLES — Milward or Patons

1 pair each 4.00mm (No 8) and 3.25mm (No 10) or sizes needed to give correct tension.

ACCESSORIES — A Stitch Holder; Milward Knitters Needle for sewing seams; Shoulder Pads if desired.

ABBREVIATIONS — See page 17



TENSION — 22½ sts to 10 cm in width over stocking st.

Why you **should** knit a tension square.

Loose Tension will cause the garment to stretch, drop and rub.

Tight Tension will make the garment too small, with a hard fabric that will matt during washing. With **Correct Tension**, your garment will look like our photo.

Using 4.00mm Needles, cast on 34 sts.

Work 46 rows stocking st.

Cast off loosely.

Lay your square on a flat surface, place a metric rule across the centre of the square and mark 10 cm with pins as shown in photo.

Count the number of sts between the pins.

You should have 22½ sts.

Less sts means loose tension — try needles a size smaller.

More sts means tight tension — try needles a size bigger.

When you have achieved the **correct tension**, use the same needles to knit your garment (you may unravel your tension square and use the yarn in your garment). Remember, if you need to change the needle size to achieve the correct tension, you must also change the size of needles used in bands, etc.

BACK

Using 3.25mm Needles, cast on 110 (**122-130-138**) sts.

1st row — K2, * P2, K2, rep from * to end.

2nd row — P2, * K2, P2, rep from * to end.

Rep 1st and 2nd rows 18 times, inc 1 (**1-3-1**) st/s evenly across last row ... 111 (**123-133-139**)sts (38 rows rib in all).

Change to 4.00mm Needles.

1st row — K25 (**29-32-32**), * K2 tog, y fwd, K6, K2 tog, y fwd *, K42 (**46-50-56**), rep from * to * once, K24 (**28-31-31**).

2nd and alt rows — Purl.

3rd row — K24 (**28-31-31**), * K2 tog, y fwd, K6, K2 tog, y fwd *, K42 (**46-50-56**), rep from * to * once, K25 (**29-32-32**).

5th row — K23 (**27-30-30**), * K2 tog, y fwd, K6, K2 tog, y fwd *, K42 (**46-50-56**), rep from * to * once, K26 (**30-33-33**).

7th row — K22 (**26-29-29**), * K2 tog, y fwd, K6, K2 tog, y fwd, K1 tbl, y fwd, sl 1, K1, psso *, K39 (**43-47-53**), rep from * to * once, K24 (**28-31-31**).

9th row — K21 (**25-28-28**), * K2 tog, y fwd, K6, K2 tog, y fwd, K3, y fwd, sl 1, K1, psso *, K37 (**41-45-51**), rep from * to * once, K23 (**27-30-30**).

11th row — K20 (**24-27-27**), * K2 tog, y fwd, K6, K2 tog, y fwd, K5, y fwd, sl 1, K1, psso *, K35 (**39-43-49**), rep from * to * once, K22 (**26-29-29**).

13th row — K19 (**23-26-26**), * (K2 tog, y fwd, K1 tbl, y fwd, sl 1, K1, psso, K3) twice, K1, y fwd, sl 1, K1, psso *, K33 (**37-41-47**), rep from * to * once, K21 (**25-28-28**).

15th row — K17 (**21-24-24**), * (K1, K2 tog, y fwd, K3, y fwd, sl 1, K1, psso) twice, K4, y fwd, sl 1, K1, psso *, K30 (**34-38-44**), rep from * to * once, K20 (**24-27-27**).

17th row — K17 (21-24-24), * K2 tog, y fwd, K5, (y fwd, sl 1, K2 tog, psso, y fwd, K1 tbl) twice, y fwd, sl 1, K1, psso, K4, y fwd, sl 1, K1, psso *, K29 (33-37-43), rep from * to * once, K19 (23-26-26).

19th row — K19 (23-26-26), * (y fwd, sl 1, K1, psso, K4) twice, K2, y fwd, sl 1, K1, psso, K4, y fwd, sl 1, K1, psso *, K30 (34-38-44), rep from * to * once, K18 (22-25-25).

21st row — K20 (24-27-27), * y fwd, sl 1, K1, psso, K4, y fwd, sl 1, K1, psso, y fwd, sl 1, K2 tog, psso, y fwd, K2 tog, y fwd, K1 tbl, y fwd, sl 1, K1, psso, K4, y fwd, sl 1, K1, psso *, K30 (34-38-44), rep from * to * once, K17 (21-24-24).

23rd row — K21 (25-28-28), * y fwd, sl 1, K1, psso, K4, y fwd, sl 1, K1, psso, K1, K2 tog, y fwd, K3, y fwd, sl 1, K1, psso, K1, K2 tog, y fwd *, K33 (37-41-47), rep from * to * once, K19 (23-26-26).

25th row — K22 (26-29-29), * y fwd, sl 1, K1, psso, K4, y fwd, K3 tog, y fwd, K5, y fwd, K3 tog, y fwd *, K35 (39-43-49), rep from * to * once, K20 (24-27-27).

27th row — K23 (27-30-30), * y fwd, sl 1, K1, psso, K3, K2 tog, y fwd, K6, K2 tog, y fwd *, K37 (41-45-51), rep from * to * once, K21 (25-28-28).

29th row — K24 (28-31-31), * y fwd, sl 1, K1, psso, K1, K2 tog, y fwd, K6, K2 tog, y fwd *, K39 (43-47-53), rep from * to * once, K22 (26-29-29).

31st row — K25 (29-32-32), * y fwd, K3 tog, y fwd, K6, K2 tog, y fwd *, K41 (45-49-55), rep from * to * once, K23 (27-30-30).

32nd row — Purl.

Rows 1 to 32 incl form patt.

Cont in patt until work measures 40 cm from beg, ending with a purl row.

Shape armholes — Keeping patt panels correct, cast off 8 (10-12-12) sts at beg of next 2 rows.

Dec at each end of next and alt rows until 79 (83-87-93) sts rem.

Work a further 61 (61-61-65) rows patt.

Shape shoulders — Cast off 8 (8-8-9) sts at beg of next 4 rows, then 7 (8-8-8) sts at beg of foll 2 rows.

Leave rem 33 (35-39-41) sts on stitch-holder.

LEFT FRONT

Using 3.25mm Needles, cast on 54 (58-66-66) sts.

Work 38 rows rib as for Back, inc 1 (3-0-3) st/s evenly across last row ... 55 (61-66-69) sts.

Change to 4.00mm Needles. **

1st row — K25 (29-32-32), K2 tog, y fwd, K6, K2 tog, y fwd, K20 (22-24-27).

2nd and alt rows — Purl.

3rd row — K24 (28-31-31), K2 tog, y fwd, K6, K2 tog, y fwd, K21 (23-25-28).

5th row — K23 (27-30-30), (K2 tog, y fwd, K6) twice, K16 (18-20-23).

Cont in patt as for Back as **placed** in last 5 rows until work measures same as Back to armholes ending with same row.

Shape armhole — Cast off 8 (10-12-12) sts at beg of next row.

Dec at armhole edge in alt rows until 39 (41-43-46) sts rem.

Work a further 44 (42-40-44) rows patt.

Shape neck — Cast off 9 (9-9-10) sts at beg of next row.

Dec at neck edge in next and alt rows until 23 (24-24-26) sts rem.

Work 3 (3-1-1) row/s patt.

Shape shoulder — Cast off 8 (8-8-9) sts at beg of next row and foll alt row.

Work 1 row. Cast off.

RIGHT FRONT

Work as for Left Front to **.

1st row — K21 (23-25-28), K2 tog, y fwd, K6, K2 tog, y fwd, K24 (28-31-31).

2nd and alt rows — Purl.

3rd row — K20 (22-24-27), K2 tog, y fwd, K6, K2 tog, y fwd, K25 (29-32-32).

5th row — K19 (21-23-26), (K2 tog, y fwd, K6) twice, K20 (24-27-27).

Work in patt as for Back, as **placed** in last 5 rows until work measures same as Back to armholes ending with same row.

Work 1 row.

Shape armhole — Cast off 8 (10-12-12) sts at beg of next row.

Dec at armhole edge in next and alt rows until 39 (41-43-46) sts rem.

Work a further 43 (41-39-43) rows patt.

Shape neck — Cast off 9 (9-9-10) sts at beg of next row.

Dec at neck edge in alt rows until 23 (24-24-26) sts rem.

Work 4 (4-2-2) rows patt.

Shape shoulder — Cast off 8 (8-8-9) sts at beg of next row and foll alt row.

Work 1 row. Cast off.

SLEEVES

Using 3.25mm Needles, cast on 50 (50-54-54) sts.

Work 23 rows rib as for Back.

24th row — Rib 6 (4-6-8), * inc in next st, rib 2 (2-2-1), rep from * to last 5 (1-3-8) st/s, rib 5 (1-3-8) ... 63 (65-69-73) sts.

Change to 4.00mm Needles.

1st row — K27 (28-30-32), K2 tog, y fwd, K6, K2 tog, y fwd, K26 (27-29-31).

2nd and alt rows — Purl.

3rd row — K26 (27-29-31), K2 tog, y fwd, K6, K2 tog, y fwd, K27 (28-30-32).

5th row — K2, "M1", K23 (24-26-28), (K2 tog, y fwd, K6) twice, K20 (21-23-25), "M1", K2.

Keeping patt correct as for Back, as **placed** in last 5 rows and working extra sts into stocking st, inc (as before) at each end of foll 6th (6th-4th-4th) rows until there are 69 (95-75-97) sts, then in foll 8th (8th-6th-6th) row/s until there are 89 (97-103-113) sts.

Cont in patt until work measures 43 cm (or length desired) from beg, ending with a purl row.

Shape top — Cast off 4 (5-6-7) sts at beg of next 2 rows.

Dec at each end of next and alt row/s until 69 (77-85-97) sts rem, then in every row until 15 sts rem.

Cast off.

Continued on next page

NECKBAND

Using back-stitch, join shoulder seams. With right side facing and using 3.25mm Needles, knit up 86 (94-102-106) sts evenly around neck, incl sts from stitch-holder.

Work 37 rows rib as for Back, beg with a 2nd row. Cast off loosely in rib.


FRONT BANDS

Using 3.25mm Needles, cast on 186 sts.

Work 24 rows rib as for Back.

Cast off loosely in rib

MAKE UP

With a slightly damp cloth and warm iron, press lightly. Using back-stitch, join side and sleeve seams. Sew in sleeves. Fold neckband in half on to wrong side and slip-stitch in position. Fold front bands in half lengthways and using back-stitch, sew in position, sewing through both thicknesses of neckband. Press seams. Sew shoulder pads in position, if desired. 

1

Continued from page 5.

SLEEVES

Using 3.25mm Needles and C1, cast on 39 (39-41-41) sts.

Work 21 rows rib as for Back in stripes of 2 rows C1, 2 rows C2, 14 rows M, 2 rows C2, then 1 row C1.

Using C1, **22nd row** — Rib 6 (4-4-2), *inc in next st, rib 1, rep from * to last 3 (1-3-1) st/s, rib 3 (1-3-1). . . 54 (56-58-60) sts.

Change to 5.00mm Needles.

Working in patt from Graph and working extra sts into patt, inc at each end of 5th and foll 4th (4th-alt-alt) rows until there are 72 (82-68-82) sts.?

Sizes P, M and L only — then in foll 6th (4th-4th) rows until there are 76 (88-96) sts.

All Sizes — Cont without shaping until work measures 40 cm (or 3 cm less than desired length to allow for deep armhole and loose fit) from beg, working last row on wrong side.

Shape top — Keeping patt correct, cast off 4 (4-5-5) sts at beg of next 2 rows.

Dec at each end of next and alt rows until 38 (46-50-62) sts rem, then in every row until 20 sts rem.

Work 12 (12-16-16) rows patt on rem 20 sts.

Cast off.

POCKET TOPS

With right side facing, using 3.25mm Needles and C1, knit up 55 (57-61-65) sts evenly along top of lower front.

Work 3 rows rib (beg with a 2nd row) in stripes of 1 row C1 and 2 rows C2.

Using M, **4th row** — Rib 27 (28-30-32), cast off 2 sts, rib to end.

5th row — Rib 26 (27-29-31), cast on 2 sts, rib to end.

Work a further 4 rows rib in stripes of 2 rows each C2 and C1.

Cast off loosely in rib.

RIGHT FRONT BAND

Using 3.25mm Needles and C1, cast on 189 (191-197-195) sts.

Work 6 rows rib in stripes of 2 rows C1, 2 rows C2 then 2 rows M.

7th row — Rib to last 80 sts, (cast off 2 sts, rib 10) 6 times, cast off 2 sts, rib 6.

8th row — Rib 6, (cast on 2 sts, rib 10) 6 times, cast on 2 sts, rib to end ... 7 buttonholes.


Work a further 6 rows rib in stripes of 2 rows M, 2 rows C2 then 2 rows C1.

Cast off loosely in rib.

LEFT FRONT BAND

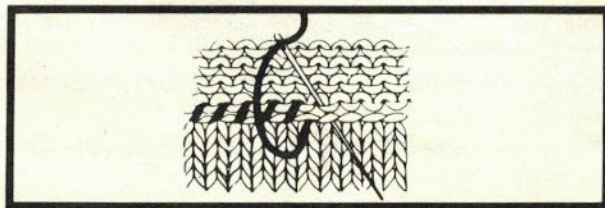
Work as for Right Front Band, omitting buttonholes.

MAKE UP

With a dry cloth and cool iron, press lightly. Lay lower fronts over upper fronts, placing cast-on edge of upper fronts to top of rib on lower fronts, and oversew tog along both side edges (incl ends of pocket tops). Turn to wrong side and slip-stitch cast-on edge of upper fronts in position. Using back-stitch, sew sleeves to back and fronts, placing half cast-off sts at tops of sleeves to rows without shaping at top of back. Join side and sleeve seams. Sew cast-off edge of front bands in position, joining at centre back neck. Sew on buttons. Press seams. Insert shoulder pads, if desired. 

SLIP-STITCH

This is the method used for turning up hems or stitching double neckbands in place. Work one stitch into each cast-on or cast-off stitch to be sure that the work will be elastic. Always be sure that the stitches follow up evenly and do not form a crooked line.



THE **Patons** HAND KNIT STAR ★ RATING — TO HELP YOU TO CHOOSE THE PATTERN SUITED TO YOUR KNITTING ABILITY.

- ★ One star says this is a **beginner level** of knitting. Knit and Purl stitches, casting on and off and some basic increasing and decreasing.
 - ★ ★ Two stars mean **easy knits**, with knit-purl stitch patterns, simple lace patterns (no shaping in the lace), slip-stitch patterns, and cables.
 - ★ ★ ★ Three stars are for **advanced knitters** requiring some specialised knowledge, such as Fair Isle, Aran and more complicated lace patterns.
 - ★ ★ ★ ★ Four stars signal a **challenge knit**. There can be make-and-lose patterns, complicated shaping, and any technique that requires a higher level of concentration.
- P** The letter **P** after any star grouping suggests that an additional degree of patience is required for a quality finish.

from Patons —

THE KNITTING YARN EXPERTS

KNITTING ABBREVIATIONS

K = knit; **P** = purl; **sl** = slip; **psso** = pass slipped stitch(es) over; **tbl** = through back of loop(s); **y bk** = yarn back — take yarn under needle from purling position into knitting position; **y ft** = yarn front — bring yarn under needle from knitting position into purling position; **y fwd** = yarn forward — bring yarn under needle, then over into knitting position again, thus making a stitch; **yon** = yarn over needle — take yarn over top of needle into knitting position, thus making a stitch; **yrn** = yarn round needle — take yarn right around needle into purling position, thus making a stitch; **"M1"** = make 1 — pick up loop which lies before next stitch, place on left-hand needle and knit (or purl) into back of loop; **garter st** = every row knit; **stocking st** = 1 row knit, 1 row purl; **reverse stocking st** = 1 row purl, 1 row knit (purl side is right side).

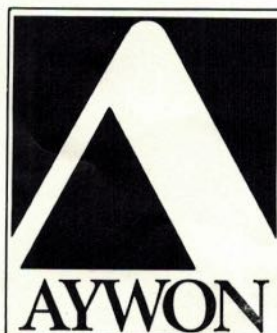
When instructions read — "Cast off 2 sts, K2" (or similar stitches), the stitch left on the right-hand needle, after casting off, is counted as one stitch.

alt = alternate; **beg** = begin or beginning; **cont** = continue; **dec** = decrease, decreased, decreases or decreasing; **foll** = following or follows; **inc** = increase, increased, increases or increasing; **incl** = including or inclusive; **0** = no rows, stitches or times; **patt** = pattern; **rem** = remain, remains, remainder or remaining; **rep** = repeat; **st, sts** = stitch, stitches; **tog** = together; **cm** = centimetre(s); **mm** = millimetre(s); **ins** = inches.

The first row is always the right side of the work unless otherwise stated.

CREDIT:

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